

Mental Health & Addiction Services

More options when you need them.

CHILDREN & ADOLESCENT SERVICES (St. John's)

CENTRAL INTAKE services for Janeway Family Centre, Janeway Psychiatry, Bridges Program, Connect, Adolescent Addictions Services
777-2200

ADULT SERVICES

CENTRAL INTAKE for Community Mental Health & Addictions Services

St. John's & Southern Shore	752-8888
Clarenville	466-5723
Bonavista	468-5318
Rural Avalon (Harbour Grace, Bay Roberts, Old Perlican, Placentia, Whitbourne, St. Mary's, Holyrood)	945-6513

SPECIALIZED ADDICTIONS SERVICES

CAST (Concurrent, Addictions, Specialized Treatment)	777-5074
Recovery Centre (16 years+)	
Withdrawal Management	752-4980
Opioid Treatment and Naloxone	752-4478
The Grace Centre	945-4500

Hospitals & Health Facilities

A full listing of Eastern Health facilities can be found by clicking [here](#).



Mental health information, interactive resources and connection to local supports & services at www.bridgethegapp.ca



MENTAL HEALTH AND ADDICTIONS

SYSTEMS NAVIGATOR

752-3916
Toll free 1-877-999-7589



Bay Bulls	334-3941
Bay Roberts	945-6513
Bonavista	468-5318
Burin Placentia West	443-2100
Clarenville	466-5723
Ferryland	334-3941
	432-2930
Grand Bank	832-1640
Harbour Grace	945-6513
Holyrood	945-6513
Marystown	279-7952
Mount Carmel	111-1111
Old Perlican	945-6513
Placentia	945-6513
St. John's	752-4903
St. Lawrence	873-2330
St. Mary's	945-6513
Trepassey	334-3941
	432-2930
Whitbourne	945-6513



Online Screening Tools—Anytime, anywhere

You are not alone. We're here to help
For immediate help, call 911 or go to your local Emergency Department



**MENTAL HEALTH/ADDICTIONS
COUNSELLING/CASE MANAGEMENT**

CENTRE CITY

3 West, St. Clare’s 777-5390
LeMarchant House 777-5622
Shea Heights 752-4313

EAST END

Terrace Clinic 777-3453
Bell Island 488-2701
Torbay 437-2210

WEST END / CBS

Mount Pearl Square
Topsail Road 752-4121
Villa Nova Plaza, CBS 834-7906

RURAL

Bay Bulls 334-3941
Bay Roberts 786-5224
Bonavista 468-5317
Clarenville 466-5723
Ferryland 432-2930
Grand Bank 832-1640
Harbour Grace 945-6512
Holyrood 229-1551
Marystown 279-7900
Placentia 227-3641
Placentia West 443-2100
St. Lawrence 873-4283
873-2330
St. Mary’s 525-2100
Trepassey 432-2930
Whitbourne 759-3370

HOUSING

Community Care, CBS 834-0801
Board & Lodging (Relatives)
Waterford Hospital 777-3340
Board & Lodging (Non-Relatives)
Waterford Hospital 777-3340

SPECIALIZED SERVICES

Act TEAM, Majors Path 752-3511
Ambulatory Care,
Waterford Hospital 777-3332
Day Treatment Program,
St. Clare’s 777-5252
PIER Program,
Waterford Hospital 777-3614
Geriatric Psychiatry Referral Coordinator,
Waterford Hospital (65+ years). 777-2486
HOPE (Eating Disorders Program),
Major’s Path 777-2041
Mental Health Court 726-8966
Drug Treatment Court 729-3563
Occupational Therapy,
Waterford Hospital 777-3828
Outreach, Cordage Place 777-5074
Sexology Program,
Waterford Hospital 777-3786
Traumatic Stress Services,
Cordage Place 752-4919

Therapeutic Recreation

Inpatient Therapeutic Recreation,
Waterford Hospital 777-3587
Outpatient Therapeutic Recreation,
Waterford Hospital 777-3336



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