

Mental Health & Addiction Services

More options when you need them.

CHILDREN & ADOLESCENT SERVICES (St. John's)

CENTRAL INTAKE services for Janeway Family Centre, Janeway Psychiatry, Bridges Program, Connect, Adolescent Addictions Services
777-2200

ADULT SERVICES

CENTRAL INTAKE for Community Mental Health & Addictions Services

St. John's	752-8888
Clarenville	466-5723
Bonavista	468-5318
Rural Avalon (Harbour Grace, Bay Roberts, Old Perlican, Placentia, Whitbourne, St. Mary's, Holyrood)	945-6512

SPECIALIZED ADDICTIONS SERVICES

CAST (Concurrent, Addictions, Specialized Treatment)	777-5074
RECOVERY CENTRE (16 years+) Withdrawal Management	752-4980
OPIOID TREATMENT CENTRE	752-4478
THE GRACE CENTRE	945-4500

Hospitals & Health Facilities

A full listing of Eastern Health facilities can be found by clicking [here](#).



Mental health information, interactive resources and connection to local supports & services at: www.bridgethegapp.ca



MENTAL HEALTH AND ADDICTIONS

SYSTEMS NAVIGATOR 752-3916
Toll free 1-877-999-7589



Bay Roberts	945-6513
Bonavista	468-5318
Burin Placentia West	443-2100
Clarenville	466-5723
Ferryland	945-6513
Grand Bank	832-1640
Harbour Grace	945-6513
Holyrood	945-6513
Marystown	279-7952
Mount Carmel	111-1111
Old Perlican	945-6513
Placentia	945-6513
St. John's	752-4903
St. Lawrence	873-2330
St. Mary's	945-6513
Trepassey	945-6513
Whitbourne	945-6513
Witless Bay	945-6513

Online Screening Tools—Anytime, anywhere

CheckItOutNL.ca

You are not alone. We're here to help
For immediate help, call 911 or go to your local Emergency Department



MENTAL HEALTH/ADDICTIONS COUNSELLING/CASE MANAGEMENT

CENTRE CITY

3 West, St. Clare's	777-5390
LeMarchant House	777-5622
Shea Heights	752-4313

EAST END

Terrace Clinic	777-3453
Bell Island	488-2701
Torbay	437-2210

WEST END / CBS

Mount Pearl Square	
Topsail Road	752-4121
Villa Nova Plaza, CBS	834-7906

RURAL

Bay Roberts	786-5224
Bonavista	468-5317
Clarenville	466-5723
Ferryland	432-2930
Grand Bank	832-1640
Harbour Grace	945-6512
Holyrood	229-1551
Marystown	279-7900
Placentia	227-3641
Placentia West	443-2100
St. Lawrence	873-4283
	873-2330
St. Mary's	525-2100
Trepassey	432-2930
Whitbourne	759-3370
Witless Bay	334-3941

HOUSING

Community Care, CBS	834-0801
Board & Lodging (Relatives)	
Waterford Hospital	777-3340
Board & Lodging (Non-Relatives)	
Waterford Hospital	777-3340

SPECIALIZED SERVICES

Act TEAM, Majors Path	752-3511
Ambulatory Care, Waterford Hospital	777-3332
Day Treatment Program, St. Clare's	777-5252
PIER Program, Waterford Hospital	777-3614
Geriatric Psychiatry Referral Coordinator, Waterford Hospital (65+ years).	777-2486
HOPE (Eating Disorders Program), Major's Path	777-2041
Mental Health Court	726-8966
Drug Treatment Court	729-3563
Occupational Therapy, Waterford Hospital	777-3828
Outreach, Cordage Place	777-5074
Sexology Program, Waterford Hospital	777-3786
Traumatic Stress Services, Cordage Place	752-4919

Therapeutic Recreation

Inpatient Therapeutic Recreation, Waterford Hospital	777-3587
Outpatient Therapeutic Recreation, Waterford Hospital	777-3336



A program used by Mental Health & Addiction Services in Newfoundland and Labrador to support persons on their path to emotional wellness.

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