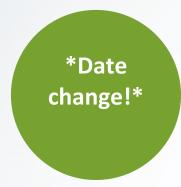




# PROJECT ECHO NL: OPIOID USE DISORDER

Session 8: Tuesday, March 23, 2021 (Moved from March 16)



## **Opioids and Benzodiazepines**

Tuesday, March 23, 2021 12:00 – 1:00 pm NDT



#### **Learning Objectives:**

At the conclusion of this activity, participants will be able to:

- Describe the epidemiology of benzodiazepine use.
- Describe the risks associated with concomitant opioid and benzodiazepine use.
- Identify strategies for initiating a conversation with patients around benzodiazepine use.
- Offer potential management strategies surrounding opioids and concomitant benzodiazepine use, which can include tapering with or without discontinuation, and judicious prescribing.
- Recognize the concomitant risk posed by the newer Z drugs.

### **Speaker:**

Stephanie Delaney, BSc (Pharm), RPh, PharmD (c)
Pharmacist
Opioid Treatment Centre/Recovery Centre (Pleasantville)
NuCare Pharmacy

Advanced Session

## **Registration Information:**

Sessions take place on Zoom.

To register for Session 8, please email <a href="mailto:Chelsea.Hynes@easternhealth.ca">Chelsea.Hynes@easternhealth.ca</a>
by Friday, <a href="mailto:March 19">March 19</a>, 2021.

Direct questions about Project ECHO NL: Opioid Use Disorder to:
Kate Lambert
Knowledge Exchange Facilitator
Provincial Opioid Dependence Treatment Centre of Excellence
Eastern Health

Kate.Lambert@easternhealth.ca

This **Group Learning** program has been certified by the College of Family Physicians of Canada and the Newfoundland and Labrador Chapter for up to 10 Mainpro+ credits.



