



PROJECT ECHO NL: OPIOID USE DISORDER

Session 8: Tuesday, March 23, 2021 (Moved from March 16)

*Date
change!*

Opioids and Benzodiazepines

Tuesday, **March 23**, 2021
12:00 – 1:00 pm NDT

*Date
change!*

Learning Objectives:

At the conclusion of this activity, participants will be able to:

- Describe the epidemiology of benzodiazepine use.
- Describe the risks associated with concomitant opioid and benzodiazepine use.
- Identify strategies for initiating a conversation with patients around benzodiazepine use.
- Offer potential management strategies surrounding opioids and concomitant benzodiazepine use, which can include tapering with or without discontinuation, and judicious prescribing.
- Recognize the concomitant risk posed by the newer Z drugs.

Speaker:

Stephanie Delaney, BSc (Pharm), RPh, PharmD (c)
Pharmacist
Opioid Treatment Centre/Recovery Centre (Pleasantville)
NuCare Pharmacy

Registration Information:

Sessions take place on Zoom.

To register for **Session 8**, please email Chelsea.Hynes@easternhealth.ca
by **Friday, March 19, 2021**.

Direct questions about Project ECHO NL: Opioid Use Disorder to:

Kate Lambert
Knowledge Exchange Facilitator
Provincial Opioid Dependence Treatment Centre of Excellence
Eastern Health
Kate.Lambert@easternhealth.ca

*This **Group Learning** program has been certified by the College of Family Physicians of Canada and the Newfoundland and Labrador Chapter for up to 10 Mainpro+ credits.*

Project ECHO NL: Opioid Use Disorder is funded through Health Canada's Substance Use and Addiction Program.

