

Referral Process

- Referrals are made internally by other mental health clinicians who work within the Child and Adolescent mental health program.
- Mental health clinicians must complete the continuity of care form and outline the reason for the referral.
- Mental health clinicians can request a consult the youth outreach team to discuss the appropriateness of a referral.

Should you have any questions regarding the referral process please call:

777-2012, 777-2143



Hours:

8:30-4:30 pm Monday to Friday

Location:

5th floor Southcott Hall
100 Forest Road
St. John's, NL
A1E 1E5

For General Inquiries:

777-7715



Youth Outreach

Child & Adolescent
Mental Health

Who We Are...

As team members of the Child and Adolescent Community Mental Health Program, Youth Outreach Workers (YOWers) provide brief intervention outreach services to youth. YOWers provide supportive services to encourage social inclusion and reduce unhealthy behavior.



What We Do...

Youth Outreach involves rapport building in an attempt to connect youth to community programs, services and supports. This may involve helping a youth strengthen life skills, supporting recreational and educational goals, advocacy and resource navigation.



Our Team...

Youth Outreach consists of 3 Youth Outreach workers. YOWers collaborate with other mental health clinicians, community groups and youth based services.

Who We See...

A person referred for youth outreach must be:

- Between 12-17 years of age, up to 18th birthday

A referral must:

- Clearly describe the situation and why services are required

Common reasons for referrals:

- Skills Coaching
- Life Skills Support
- Advocacy
- Recreational Goals
- Educational Goals
- Resource Coordination
- Systems Navigation
- Community Engagement
- Informal Counselling