

If you require home support, please contact your local regional health authority for more information.

## Eastern Health

- St. John's Regional/Northeast Avalon Peninsula: 709-752-4835/4717
- Avalon Peninsula/Conception Bay North: 709-786-5217
- Clarenville/Burin and Bonavista Peninsula: 709-466-5700

## Central Health

- 709-651-6324

## Western Health

- 709-695-6263

## Labrador Grenfell Health

- St. Anthony and surrounding area: 709-454-3054, ext. 1
- Happy Valley-Goose Bay and surrounding area: 709-897-2352
- Labrador West and surrounding area: 709-285-8172

## Health and Community Services

P.O. Box 8700, St. John's, NL A1B 4J6

[www.gov.nl.ca/health](http://www.gov.nl.ca/health)

# Provincial Home Support Program



## What is the Provincial Home Support Program?

The Home Support Program can support you to live independently in your home for as long as possible. Whether you require support on a short-term or long-term basis, the Home Support Program may be for you if you require assistance with activities of daily living. Home support services are intended to supplement the support to provide by your family and other informal supports.

## What services are provided?

The Home Support Program provides non-professional assistance with personal care, homemaking, respite care and behavioral support.

## Who can access the Home Support Program?

The Home Support Program is available to residents of Newfoundland and Labrador including seniors (65+), adults with disabilities, children with disabilities, those who require end of life care or short-term support upon discharge from hospital.

## How will my eligibility be determined?

An assessment will be completed by either a social worker or a community health nurse to assess your needs and identify what supports you required. Other professionals may be consulted to help complete the assessment. You may be eligible for financial assistance to assist with the cost of home support services. A financial assessment will advise you of what you need to contribute towards the cost of your home support service.

## Who provides my home support?

Once you are approved to receive a home support subsidy by your regional health authority, you may choose how the service will be provided. There are three options available:

1. Self-Managed Care: You choose your care provider as the employer.
2. Paid Family Caregiving: You choose for your care provider to be a family member. Spouses and common-law partners are not included.
3. Agency-Managed Care: You choose to get home support services through an approved agency.